

# Beckett's Farm

## STARTERS

### Asparagus in Parma Ham



#### Method



500 gm British asparagus



10 slices Parma ham



Rapeseed oil



Salt and pepper

1. Boil asparagus in hot water for 4 minutes on a high heat. Once boiled, drain and leave to cool
2. Wrap Parma ham around individual pieces of asparagus exposing tips
3. Place asparagus in an ovenproof dish, drizzle over a little rapeseed oil and season with salt and pepper. Grill asparagus for approximately 4 minutes until Parma ham turns crispy

Note : inclusion of the small Beckett logo indicates that the ingredient can be purchased in Becketts Farm Shop.

